

December

2021

Every Wednesday at noon, Headingley Seniors' Services welcomes you to the Community Centre at 5353 Portage Avenue for nutritious meals in a congregate setting. A delivery option is also available, all meals are \$9.00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 To order meals please contact Kristie	29 Phone: (204) 889-3132 ext. 3	30 Email: seniors@rmofheadingley.ca	1 Gyros	2	3 <i>Deadline for Dec 8th meal</i>	4
5	6	7	8 Company Chicken	9	10 <i>Deadline for Dec 15th meal</i>	11
12	13	14	15 Beef Stroganoff	16	17	18
19	20	21	22 NO MEALS HOLIDAY CLOSURE	23	24	25
26	27	28	29 NO MEALS HOLIDAY CLOSURE	30	31	1